

SALADS

Baby Green Salad: Organic Chickpeas, Carrots, Beets, Roasted Peppers, Basil Vinaigrette, Feta Cheese	9
Caesar Salad: Cranberries, Crumbled Blue Cheese, Sweet & Spicy Walnuts with Chicken or Shrimp	12
Local Bibb Salad: Blackened Shrimp, Sweet & Spicy Walnuts, Crispy Bacon, Blue Cheese Dressing	12
Organic Soba Noodle: Shaved Red Cabbage, Organic Apples, Peanuts, Blackened Shrimp	12

SANDWICHES Choice of House-made Chips, Ancho Chile Fries, Salad

Grilled Marinated Eggplant Panini: Fresh Mozzarella, Cheddar, Jalapeño Monterey Jack, Prairie Bread	10
Marinated Portabella Mushroom: Chipotle Goat Cheese Mayo, Lettuce, Tomato, Red Onion, Wheat Bun	10
Organic BBQ Tempeh: Mayo, Lettuce, Tomato, Wheat Bun	12
Black Angus Farms Beef Burger: Local BBQ Sauce, Horseradish, Mustard, Cheddar Cheese, Wheat Bun	12
Local Cajun Chicken: Lettuce, Tomato, Onion, Mayo, Wheat Bun	12
Wheat Panini: Turkey or Tuna Salad, Cheddar, Jalapeno Jack, Organic Carrots, Broccoli (Veggie Panini 8)	9
Beer Battered Tilapia: Lettuce, Chipotle Tartar Sauce, Tomato, Red Onion, Wheat Bun	12
Spinach Wrap: Coriander Chicken, Baby Greens, Cranberries, Blue Cheese, Walnuts, Avocado, Tomato	12

PLATES

Linguine Pasta: Shrimp, Olive Oil, Garlic, Parmesan	12
Local Chicken Indian Korma: Organic Basmati Rice, Pinto Beans, Organic Raita	12
Local Chicken Stir Fry: Organic Carrots, Broccoli, Zucchini, Pineapple, Basmati Rice, Shoyu Sauce	12
Grilled Scottish Salmon Spinach Salad: Onions, Zucchini, Guacamole, Almonds, Pomegranate Vinaigrette	12
Local Chicken Tacos: Mozzarella Cheese, Red Onion, Spinach, Guacamole, Sour cream, Tomato Salsa	12
Local BBQ Chicken Quesadilla: Mozzarella, Goat Cheese, Guacamole, Sour Cream, Tomato Salsa	12

Proteins are Antibiotic & Hormone Free / 20% Gratuity Added to Parties of 6 or more

Chef Prem Nath

For take-out orders, call 910-692-7110